

GROUP FITNESS TIMETABLE

Mon

Tue

Wed

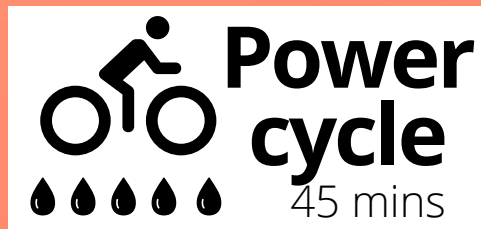
Thu

Fri

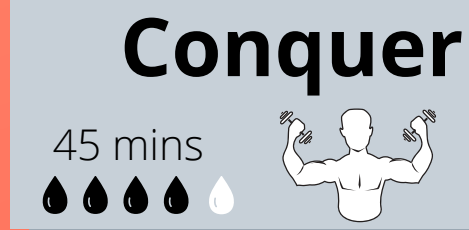
Sat

Sun

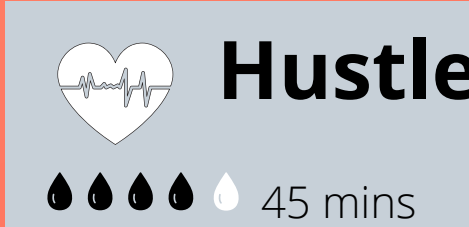
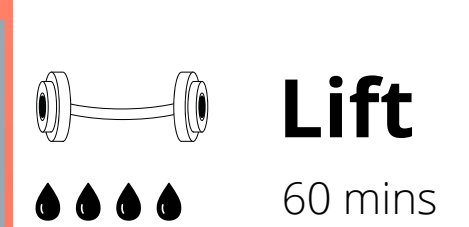
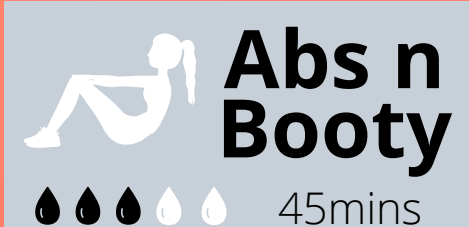
5:30AM



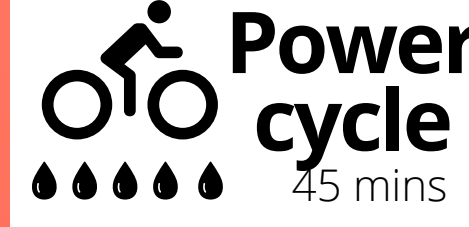
7:00AM



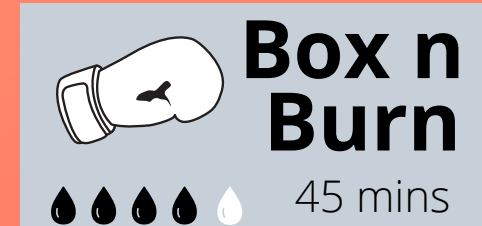
9:00AM



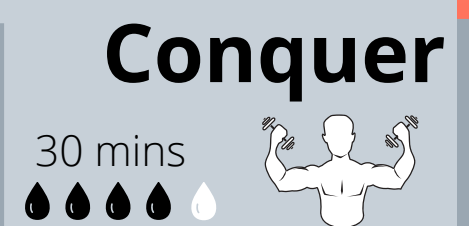
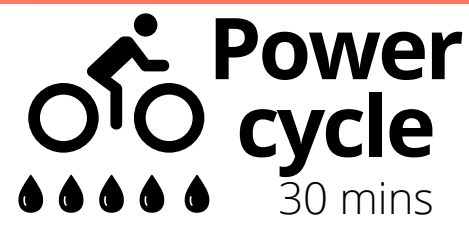
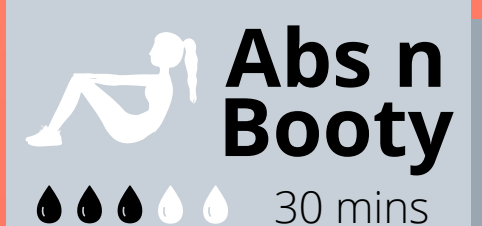
8:00AM



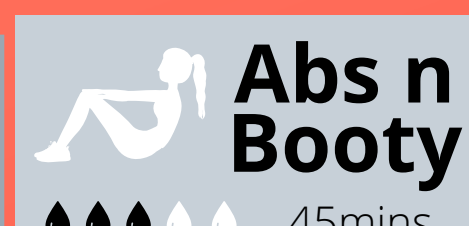
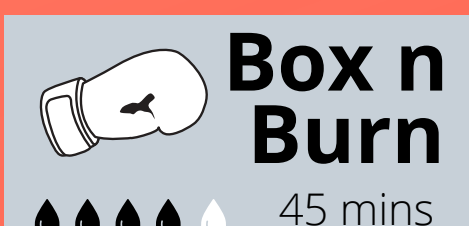
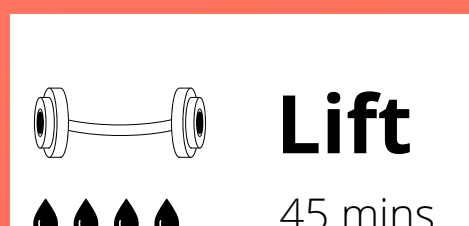
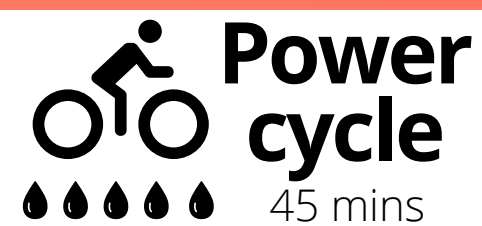
10:00AM



5:30PM



6:15PM



6:30PM



- No Bookings required for classes
- Casual rates \$10 per class/session
- Bookings required for creche and casual bookings available
- \$4 for 60 mins
- \$6 for 90 mins
- All infection control and social distancing guidelines will be followed.

STAFFED HOURS

MON - FRI

8.30AM - 11.30AM

MON - THURS

4:00PM - 7:00PM

SATURDAY

8AM - 11AM

CRECHE

MON - FRI

8:30AM - 11:30AM

TUES/THURS

3:30PM - 7:00PM

SATURDAY

8AM - 11AM



POWERPLAY
HEALTH & FITNESS